

# Product list

## Shakes

Banana  
Cappuccino  
Chocolate  
Chocolate Mint  
Lactose-Free Chocolate  
Lactose-Free Vanilla  
Strawberry  
Vanilla

## Soups

Carrot & Sweet Potato  
Chicken & Mushroom  
Chicken Noodle  
Leek & Potato  
Oriental Chilli  
Vegetable with Croutons

## Porridge

Apple & Cinnamon  
Golden Syrup  
Mixed Berry  
Original

## Bars

Cherry Bakewell  
Chocolate Chewy  
Chocolate & Orange Fusion  
Cookies & Cream  
Fruit & Nut  
Lemon Yoghurt  
Peanut Crispy  
Strawberry & Apple Yoghurt  
Toffee Chewy

## Bites

Choc Mint Bites  
Salted Caramel Bites

## Savoury Meals

Chicken Tikka Style Curry  
Green Pesto Flavour Pasta  
Macaroni Cheese  
Spaghetti Bolognese  
Sweet & Sour Noodles  
Thai Green Style Curry with Noodles

## Shake'n'Go

Apple & Kiwi  
Blueberry & Vanilla  
Chocolate  
Latte

## Smoothies

Blackcurrant & Apple  
Breakfast Smoothie with Oats  
Cherry & Strawberry

## Total Diet Replacement Shakes and Soups

Banana  
Chicken and Mushroom  
Chocolate  
Strawberry  
Vanilla

## Porridge

Original

## Bars

Lemon Yoghurt  
Peanut Crunch

## Water Flavourings

Golden Vegetable  
Orange  
Pineapple  
Pink Lemonade  
Raspberry & Elderflower  
Winter Spice

## Step Up<sup>®</sup> Meals

Beef Casserole  
Chicken Casserole  
Chicken Curry  
Veggie & Chickpea Ragù  
Veggie Chilli with Potato Wedges

## Snacks

BBQ Pop Squares  
Cheese & Onion Pop Squares  
Roast Chicken Pop Squares

## Extras

Fibre  
Mix-a-Mousse

**Please note:**  
Products may go in and out of stock.  
Please speak to your Consultant about availability