

Product list



Shakes

Banana
Cappuccino
Chocolate
Chocolate Caramel Biscuit
Chocolate Mint
Fruits of the Forest
Lactose-Free Chocolate
Lactose-Free Vanilla
Strawberry
Vanilla

Soups

Chicken & Mushroom
Leek & Potato
Goulash
Oriental Chilli
Vegetable with Croutons

Porridge

Apple & Cinnamon
Original
Mixed Berry

Bars

Chocolate Chewy
Chocolate Mint Crunch
Chocolate & Orange Fusion
Cranberry Crunch
Lemon Yoghurt
Peanut Crispy
Strawberry & Apple Yoghurt
Toffee Chewy

Bites

Choc Mint Bites
Salted Caramel Bites

Ready-to-drink

Banana Bliss
Chocolate Velvet

Savoury Meals

Macaroni Cheese
Spaghetti Bolognese
Thai Green Style Curry with Noodles
Chicken Tikka Style Curry
Spicy Couscous
Cottage Pie

Smoothies

Apple & Blackcurrant
Cherry & Strawberry
Breakfast Smoothie with Oats

Total Diet Replacement Shakes and Soups

Banana
Chocolate
Strawberry
Vanilla
Chicken and Mushroom

Porridge

Original

Bars

Lemon Yoghurt
Peanut Crunch

Water Flavourings

Golden Vegetable
Lemon & Lime
Orange
Raspberry & Elderflower
Watermelon

Step Up™ Meals

Beef Casserole
Beef Kofta Curry & Rice
Chicken Tagine with Chickpeas
Chicken in Spicy Tomato Sauce with Rice
Chicken, Chorizo & Cannellini Beans
Pearl Barley Risotto
Smoky 3 Bean & Lentil Casserole
Veggie Chilli with Potato Wedges

Snacks

Original Fava Beans
Sour Cream & Chive Fava Beans
Chilli & Lime Fava Beans

Extras

Cambridge Fibre
Mix-a-Mousse